



## PART 3: THE FRUIT OF THE HOLY SPIRIT

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### Sermon Notes

**Text: Galatians 5:16-26**

#### Introduction

When people make unnatural things look natural, we say “it’s like second nature.”

Sin was our first nature (Psalm 51:5). Life in the Spirit is our second nature.

#### 1. The Internal Conflict

v. 16-17

There are three characters in this passage: “The Flesh”, “The Spirit” & “You”

Romans 7:17-20

Galatians 5:24 - the flesh died with Chris on the cross so that “you” are free to live by the Spirit.

#### 2. Acts or Fruit?

v. 19 “acts of the flesh...”

v. 22-23 “fruit of the Spirit...”

The Spirit creates the kinds of people the Law wanted to produce, but could not.

There is ONE fruit of the Spirit, with nine aspects. This means there is no specialization.

1 Corinthians 13:4-8

#### 3. The Nature of Growth

- a) Growth is a slow process
- b) Growth is natural
- c) Growth is measured, not felt

#### Conclusion:

## Life Group Discussion

### Warm up:

1. What is your favourite Okanagan fruit?

### Study & Discussion:

1. Read Galatians 5:16-26. The context of this passage is an encouragement to the Galatian church to not fall into legalism. They believed that it was still important to follow the Old Testament Law, but Paul was telling them there is a better way to live - live by the Spirit! He also told them that just because they were free from the Law didn't mean they should indulge in sin!
  - How do we keep that balance between staying away from legalism, while staying away from sin?
  - How would you define "the flesh" (see v. 17)
2. Read 1 Corinthians 13:1-13. Compare and contrast this passage with Galatians 5:16-26. How are these passages similar? Considering the context of 1 Corinthians 13 (it's sandwiched between two chapters about Spiritual gifts). The writer, Paul, is making the statement that Christian character is more important than giftedness and spiritual manifestations. Do you agree with that interpretation? Do you think contemporary Christians lack character? What do we need to work on?
3. Consider the sub points under "The Nature of Growth" (Growth is a slow process, Growth is natural, Growth is measured, not felt). Did any of them stand out to you as especially helpful? Why?

### Application:

1. What aspect of the Fruit of the Spirit are you especially weak in? What will you do to intentionally work on that this week?

### Prayer:

1. Spend time praying for each other to be filled with the Holy Spirit, and to begin displaying the fruit of the Spirit
2. Other Requests
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