

PART 3: OUR DAILY BREAD

Sermon Notes

Text: Matthew 6:25-34; Exodus 16:13-21

Introduction

What are we praying when we ask for our daily bread?

1. We are Praying to Our Daddy

"Our Father... give us this day our daily bread".

This changes everything. There is an intimate relationship between a Father and a son. A Father cares for his children.

When we come to our Father in prayer, we need to remember that he has our best interest in mind. That when we ask for our daily bread, he will give it to us.

A Father doesn't always give you what you want, but he will always give you what you need.

Matthew 6:25-34 - Relax in the Lord.

So then, when we are asking for our daily bread we need to remember that it is a prayer to our Daddy who loves us unconditionally and desires the very best for us.

2. We are Praying for Provision

When we look at the Lord's Prayer in light of what N.T. Wright calls "the new Exodus perspective" the petition for daily bread takes on a much deeper meaning than simple provision.

Exodus 16:13-21 - Bread from heaven

The Lord's Prayer is the prayer of the people of the new Exodus. Not a physical Exodus, but a spiritual one, from which we have passed from sin and death (Egypt) into new life. God's Kingdom is not fully established on this earth yet. It is here, but not fully.

We need to rely on our Father to provide our daily bread. He alone sustains us.

If we are on a spiritual exodus than it only makes sense that this "bread" is both symbolic of not only our physical provision, but also our spiritual as well.

"Daily bread", not monthly bread.

"Every good gift and every perfect gift is from above, coming down from the Father of lights with whom there is no variation or shadow due to change." (James 1:17)

3. We are Praying for Simplicity

The very fact that we are to ask for our daily bread, or daily provision, means that we are in the new Exodus. We are on a journey to the true Promised Land. Don't camp and become comfortable. You see, the prayer for daily bread is not just a prayer to the Father for provision, it is also a prayer or simplicity.

"Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal. For where your treasure is, there your heart will be also." (Matthew 6:19)

"If you read history you will find that the Christians who did most for the present world were precisely those who thought most of the next. It is since Christians have largely ceased to think of the other world that they have become so ineffective in this." – C.S. Lewis Mere Christianity

Conclusion

Everything in the sermon can be summed up in this one sentence: The prayer for "our daily bread" is a prayer of constant dependence on God, and a reminder that our treasure is in heaven.

The prayer "give us this day our daily bread" is a template both for the prayer room and for our lives.

We are dependent on His grace alone to sustain us.

Life Group Discussion

- 1. What was one take home that you got from the message on Sunday?
- 2. Read Exodus 16:13-21
 - Compare and contrast this passage with Jesus' words in Matthew 6:11 (daily bread). What lessons can we learn from the account in Exodus in light of Jesus' words?
- 3. Read Matthew 6:25-34
 - What verse or idea stands out to you from this passage?
 - Do you ever find yourself stressing about finances?
 How does Jesus say that we should respond?
 - Read verse 33 again. What does it mean to seek God's kingdom first? What "things" will be added to you if you seek God's kingdom first?
- 4. Have you ever had God provide for you in a miraculous way? What happened?
- 5. Read Matthew 6:19-24
 - What verse or idea stands out to you from this passage?
 - Compare and contrast this to the Lord's Prayer earlier in this chapter (vs. 9-13). Are there similar themes?

6. How can we apply the prayer "Give us this day our daily bread" to our day to day lives?

7. Pray together:

- a) Praying for our daily bread means being completely dependent on our Father for our provision, both individually and as a church. What are some needs that we need the Lord to provide?
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- b) Pray for our church & the 28 Days of prayer
- c) Pray for a heart of simplicity
- d) Other requests:
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